

Are Invisalign Aligners For Everyone?

Because the invisible clear aligners are custom-made for an exact fit, [Invisalign near me](#) is best suitable for adults or teenagers. It is more difficult to straighten a child's teeth, and young people and their mouths are still growing and developing; the doctor must keep this in mind when planning treatment.

Hallandale beach orthodontist typically uses clear orthodontic aligners for patients with mildly to moderately crowded teeth or minor spacing issues. Patients with severe crowding or spacing issues and underbites, overbites, or crossbites may require more complex treatment.

How does Invisalign works?

When a dentist or [orthodontist Hollywood fl](#) determines how to correct your bite, they will devise a strategy for shifting your teeth. If you choose clear aligners, they will fit you for several variants that will make minor adjustments to move your teeth throughout treatment.



These aligners consist of clear plastic or acrylic and fit firmly over the teeth. Still, you can easily remove them for sleeping, eating, brushing, and flossing. You'll receive a new set of aligners every few weeks to continue shifting your teeth into the desired position

How long do Invisalign aligners take to straighten teeth?

According to an [affordable orthodontist near me](#), the duration of treatment with Invisalign aligners will depend on how much they need to move or rotate your teeth. It will take longer if your teeth are severely crooked or the bite is more off. Treatment typically lasts 10 to 24 months. However, if you were a child with braces, your teeth shifted slightly over time. In that case, you may need invisible or transparent teeth aligners for as little as 10 weeks.

How does wearing an Invisalign aligner work?

After receiving your first set of aligners, you visit the [orthodontist Miami fl](#) office to verify fit and make any necessary adjustments. Apart from eating, flossing, or brushing your teeth, you will wear your aligners daily. Because Invisalign aligners are removable, you will be able to take them off for short periods throughout the day. Wearing Invisalign is simple and blends quickly or effortlessly into your day-to-day routine.

When your aligners arrive, you will place clear aligners over your teeth. You must wear each aligner set for two weeks before switching to the next tray. Because your aligners are designed to gently and precisely move your teeth, they will initially fit snugly, and your teeth will start shifting to a new position after a few days.

After some time, you will notice that your aligners are a little loose. Even if they feel loose, do not switch them too soon. Wear them for 2 weeks. This allows your teeth and gums to adapt to their new position. Changing Invisalign aligners too quickly will disrupt your treatment plan.



How do Invisalign aligners feel?

One of the greatest benefits of investing in Invisalign aligners is how comfortable they are to wear. Keep in mind that your teeth are shifting into a new position, so you should expect minor discomfort as they move, particularly during the initial aligners. When you wear a new set of clear aligners, the pressure you feel on your teeth will gradually fade over a few days.

Conclusion

We hope the above-given information will provide some valuable details regarding Invisalign aligners. For more informative details, please visit ivanovortho.com.

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