

5 Reason You Should Consider Getting Braces

For several of us, the thought of receiving braces for the first time draws feelings of pure negativity rather than cheer. Maybe you don't like to dish out \$3k-\$7k for the procedure. Or maybe you are one of that 92% of kids without braces who believe a "brace face" will prevent them from being a cool kid and in your case "socially desirable". While everyone knows the main objective of the treatment is to straighten teeth, there is much other valid logic behind to get braces treatment done. If you want to discover what these are, you might end up discovering out that the privileges severely outweigh the costs.



For example, did you know having straight teeth comes with unexpected social perks? Or that braces could help you prevent dangerous health problems?

If you're on the fence about getting braces, and you need some convincing, here are 10 reasons why you should run to the orthodontist right now!

1. Dodge Serious Health Issues

There are many various kinds of misaligned teeth, from underbite to crowding.

Most of them seem simple, but they make it tougher to clean your teeth properly. This leads to higher plaque buildup, which can ultimately lead to a gum infection that might take you to the [orthodontist near me](#). And gum disease could raise your risk for heart disease, the primary killer in the US.

If you want to make it more accessible to keep your smile free from plaque, protect your grin with **ceramic braces**, traditional braces, or [adult braces](#).

2. Everyone is Getting Them

As an adult, you may hide away from braces due to the concern of how other people will see you. That spoke, over 1.2 million American adults now get braces every year, nearly a 40% hike since the late '90s. So you can stay assured that most people won't label you a weirdo for using them after high school. If you are still not convinced with the facts, we have a solution for you - **invisible braces** and **Invisalign retainer** this will not let anyone know you are under braces treatment.



Unlike when you get **teen braces**, however, your jaw is no longer developing. As an answer, jaw operation may be required to fix critical malocclusions. For the rest of the thing [teeth aligners](#) and **clear braces** are there to help you out.

3. You Can Keep Them A Secret

Invisalign may appear like the perfect choice, but ready to fork over more cash for them. If you can't choose between Invisalign and conventional braces, talk to our experts at ivanovortho.com now.

4. Boost Your Self-Confidence

It's not unusual for people with nefarious teeth to go out of their means to hide them. After all, you wouldn't desire anyone to catch a look of your less-than-stellar grin, would you?

If your teeth are at the heart of your self-esteem problems, you can get more confident by meeting an **orthodontist near me**.

5. Take Benefit of Social Perks

Trust it or not, people are 38% more inclined to view you as responsible if you have straight teeth. Think about how this can affect a job interview and other important aspects of your life. For more information visit ivanovortho.com