

DO I NEED BRACES?

Sometimes, People get crooked, overlapping, or twisted teeth. There are multiple reasons for being so such as some people's mouth's size is so small that causes the problem of overcrowded teeth, or if their upper jaw and lower jaw are not of the same size, etc. If you want to cure these problems you need [affordable braces near me](#).

Why do you need an orthodontist?

- If you have overcrowded teeth that are interfering with proper chewing.
- If your front teeth are not grown properly then you need to correct them.
- If you are conscious about your appearance and think that the problems are affecting your self-esteem.
- If your teeth do not meet correctly during biting.
- If you have abnormal positioning of your teeth that is affecting your face's shape also.



Orthodontic treatment is usually required when they are about 12 years old and mostly when they have got their permanent teeth. Adults can get this treatment at any age. For getting started the treatment the orthodontist will ensure that you have a good standard of oral hygiene because the treatment can increase the risk of tooth decay and gum disease.

The treatment includes clear braces near me to correct the position and appearance of teeth. The therapy will depend on how big your problem is. In some cases, the orthodontist will put a headgear, or small pins temporarily in your jaw with braces. But if you are suffering from the overlapping of the teeth they can remove some parts of your teeth to correct them.

The treatment can take approximately eighteen to twenty-four months depending upon the complications of the oral problems.

When the treatment is completed, you will have to wear a retaining brace that is removable. You will have to wear it every night to correct the position of your teeth. The orthodontist decides for you how long you will have to wear the braces.



The best thing about the braces is that they are customizable with your favorite color combinations. This will enhance your personality and boost your confidence when you will smile. The elastic bands in braces are available in each color of the rainbow. So you can pick any of your favorite colors for your braces. But something that you should keep in your mind before choosing the [best braces colors](#) that they should compliment your skin tone like skin with darker tone should choose gold, violet, or navy while the people who have fair skin

tones can choose silver, light pink, and light blue braces. Some colours that you should avoid while choosing braces may include clear bands as food can stick in them or white bands that can highlight the yellow color of your natural teeth or black bands as they begin to fade with time. Whatever color you choose for the braces, one of the important things that you should never forget is that you have to maintain good oral hygiene rules while you are having braces on your teeth as they will be safer only when you are having good oral health. Enhance your smile with correct colors for braces and by having good oral health.