

Underbite Braces vs. Surgery: Which Is Right for You?

Many individuals have underbite issues and don't know whether they need braces or jaw surgery. Underbite is a Class III malocclusion that occurs when your lower teeth overlap your upper teeth. It is like your upper and lower teeth don't meet together. Later, these mild symptoms can develop into a lower jaw protrusion. Also, in severe cases, the problem can worsen, leading to headaches, jaw pain, chewing issues, or speech problems. These are a few symptoms. Not treating an underbite can lower your self-esteem. Learn about which is suitable for you: [underbite braces](#) or surgery.

What are Underbite Braces?

Braces are orthodontic appliances created to align misaligned teeth and correct bite problems. The orthodontist may use underbite braces to treat your underbites. After analyzing the patient's teeth and gums, the orthodontist will decide if you are a good candidate for braces. Braces consist of several elements:

Brackets: Braces consist of small, square-shaped orthodontic metal attachments fixed directly to the front part of each tooth.



Archwire: A thin metal wire attached to the brackets applies force to the teeth to move them into their proper position.

Bands: Small metal rings set around the molars to anchor the archwire.

Elastics: Elastics are rubber bands that are used to align the jaw and bite issues.

These elements help braces apply gradual and continuous force to the teeth to shift them into their desired positions. Also, with braces, you can choose [cute braces colors](#) to make your braces journey more fun.

When Do You Need Underbite Braces?

The orthodontist will first examine your teeth and gums. If they see signs such as:

Bite Issues: Bite issues like underbite or overbite indicate that you may need braces. Alignment issues and bite irregularities are the signs that you may need braces.

Chewing or Speaking Issue: Difficulty in biting, chewing, or speaking may be a sign of misalignment that braces can fix.

Jaw Discomfort: Individuals having continuous jaw pain while biting or chewing indicate bite misalignment.

Underbite: Jaw Surgery vs Braces

Teeth misalignment usually needs braces to fix misalignment. Surgery may be an option when the jaw misalignment is severe. So, it is essential to carefully learn which is better for you, whether jaw surgery or underbite braces.



Difference between Underbite Braces and Jaw Surgery

Braces for Underbites:

Noninvasive Method

Braces for underbite are noninvasive. The orthodontist will use braces to align your teeth; no surgery is needed.

Used in Mild to Moderate Cases

Traditional braces are used to correct minor dental misalignment and jaw irregularities.

Jaw Surgery:

Fixes Skeletal Issues: Jaw surgery may be necessary to correct severe skeletal misalignments, as braces may not help resolve it.

Permanent Correction: Jaw surgery helps to solve the misalignments permanently by changing the underlying bone structure.

After getting a clear point of view on both treatment options, choose the one suitable for your case. Usually, the orthodontist suggests jaw surgery depending on the severity of your case. Minor misalignments are corrected with the help of the braces. You can achieve the results with both of the treatments.

Let's Wrap it up:

In conclusion, the choice of jaw surgery or braces depends on several factors, including the treatment goals, the severity of the case, or individual choices. Therefore, jaw surgery is recommended when the person has significant jaw issues that need to be treated immediately while **getting braces** for minor to moderate misalignments is a good option. Consult with the best orthodontist in Miami and learn your options. Book an appointment now with the **adult orthodontist near me**.