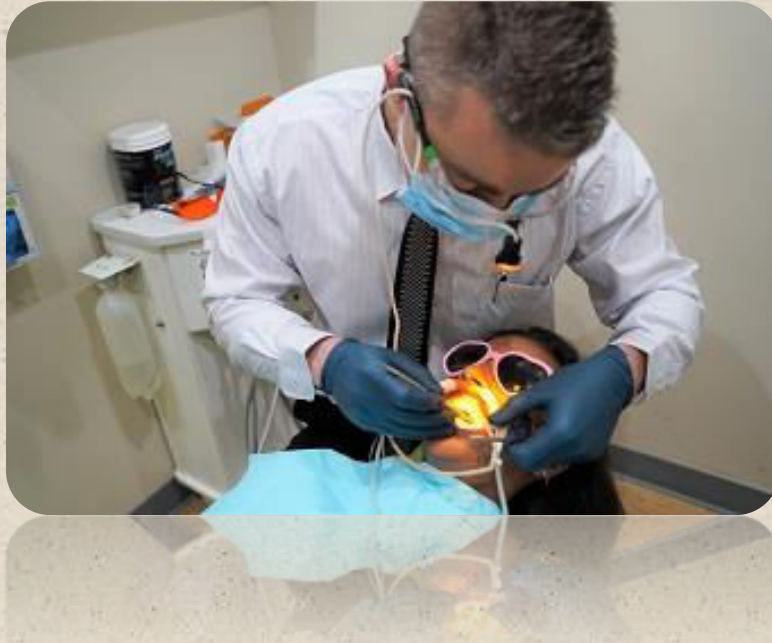


# What You Should Know About Invisalign

As a nation, we're very advanced in aligning our teeth, but it's not just for aesthetic purposes. [Orthodontic treatment adults](#) can really positively influence the health of your mouth, too. One of the most common ways to improve a malocclusion is with **orthodontists Invisalign**. In case you are not very much aware of this method, we've got popular frequently asked questions — and the answers.



## What Exactly Is Invisalign?

**Invisalign clear aligners** teeth came about in the 1990s when a grownup orthodontics patient was wishing for a more aesthetically charming option than conventional metal braces. In the years since then, it's become amazingly adopted for the very fact that it is, as the name indicates, a practically invisible way to get a nice smile. So what is it exactly? Invisalign utilizes clear medical plastic aligners that are formed much like athletic mouthguards. They lock onto your teeth and swiftly move them into the desired position, [Invisalign for bottom teeth](#) is also available but you need a **specialist orthodontist** for this treatment. No wonder why they are regarded as the **best braces for teeth**.

## How Long Does the Treatment Take?

You will carry these clear aligner trays for most maximally throughout the day and night — about 20 to 22 hours every day. They are only raised when you are dining, drinking, or brushing your teeth. Even though they are practically impossible for others to identify, you can also separate them for important occasions like a job interview, marriage, or another big

event you consider important, or for playing sports or for a date. Just know that more you will wear the aligners the more speedily your treatment will get done. Everyone's treatment plan is unique, but most patients visit their cosmetic dentist within a period of 14 days for a new set of aligners. They really work that fast! Over the course of about 12 to 18 months, your teeth will be tenderly rolled into position. However, you will hopefully start noticing results after only a few sets of **teeth alignment Invisalign**.



### **Do These Aligners Hurt?**

Some patients feel a gentle to a reasonable amount of distress, especially during the first few days of using a new set of aligners. This trouble has often been described as “pressure.” Otherwise, the soft force of the aligners means that you can anticipate experiencing less pain than conventional metal braces. If you do encounter pain that's greater than “discomfort” or “pressure,” talk to your [orthodontist near me](#).

### **What Is the Cost of Invisalign Treatment?**

As with any orthodontic procedure, Invisalign dental braces types and cost will be based on the amount of treatment you require, the duration of time your procedure will take, and whether or not the treatment is incorporated by your dental insurance. Invisalign, as a fact, usually isn't much more costly than conventional metal braces. And patients happily report that the perks are well worth any extra expense.

### **Sounds Great! How Do I Get Started?**

It's easy! Simply book an appointment using our handy online form, or give us a call. We'll fix a time slot for you to come in for a consultation. Visit [ivanovortho.com](http://ivanovortho.com) now for more information.