

What are the Things You Need To Know About Orthodontic Treatment?

Crooked or misaligned teeth are tough to clean; there's a large risk of losing those teeth because of tooth decay and periodontitis. Not solely this, however they cause loads of stress while eating. If this can be not enough then crooked teeth have perpetually been one amongst the foremost causes of embarrassment. This is where [orthodontics Aventura](#) plays an important role and today we will be discussing the same.

A qualified **orthodontist near me** will be undertaking this procedure and will brief you with the entire details. They receive 2 or a lot of years of education and this can be over and on top of their four years of coaching at a grad school or school. So when you visit your dentist or the orthodontist they will tell you whether you are the best fit for **orthodontic care** and whether or not you will benefit from this dental treatment.



The fixed appliances used in orthodontic treatment

- Braces: One of the most hated yet one of the most effective dental appliances, **orthodontic braces** help in straightening the teeth. They consist of bands, brackets, and wires. Bands that get fastened round the teeth are used as anchors. Brackets get bonded to the front teeth. The wires are referred to as Arch Wires to go through the brackets and obtain connected to the bands.

- Special fixed appliance: These get attached to the teeth with the help of bands and are used to control the problem of sucking thumb and tongue thrusting.
- Fixed space maintainers: This is generally used with kids when they lose their baby tooth before the actual time.



The removable types of appliances

- Aligners: This comes as an alternate solution to the braces and is mostly used for adults. These days' aligners are used quite often in orthodontic treatment by a lot of **good orthodontist near me**. They are also preferred by patients as they are more or less invisible and can be removed when eating, brushing, and flossing.
- Removable space maintainers: Serves identical purpose as fastened house maintainers and are created out of the acrylic base. It fits over the jaw and has plastic or wires. It fits over the jaw and has plastic or wires. These help in keeping space between the teeth so that they remain open.
- Jaw repositioning appliances: Worn either on top or lower jaw and is used in dental conditions such as temporomandibular joint disorders (TMJ).

- Lip and Cheek bumpers: Their main purpose is to keep lips and cheek away from teeth.
- Palatal Expander: This device used in orthodontic treatment helps in widening the arch of the upper jaw.
- Removable retainers: They are worn on the roof of the mouth and help in preventing the movement of the teeth to the previous position.

So that's all about the orthodontic treatment and various dental appliances used in it. Make sure to speak with your [orthodontist Hollywood fl](#) to clear out any doubts that you might have.

Hence, if you have any problem related with your oral dental health. Then make sure to visit the Ivanov Ortho clinic which helps in solving all your dental problems. **An orthodontist near me** will be best for you to solve all your problems. Further, for more information, visit our website and book an appointment!

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