

RECTO



Vita Confiote

* Since 1978

Fig
puree



Artisanal manufacturing in France

RECTO



Vita Confiote

* Since 1978

Extra
fig jam



Artisanal manufacturing in France

VERSO

In our orchards, we work every day to offer you the best quality fruits. We make good fruit purees and jams, like our grandmas used to.

AVERAGE NUTRITIONAL VALUES

	per 100 g	per 30 g
<i>Energetic value</i>	66,8 kCal 283,0 kJ	20,0 kCal 84,9 kJ
<i>Fats</i>	0,3 g	0,1 g
<i>Saturated fatty acids</i>	0,0 g	0,0 g
<i>Carbohydrates</i>	15,7 g	4,7 g
<i>Sugars</i>	12,3 g	3,7 g
<i>Dietary fibre</i>	2,3 g	0,7 g
<i>Proteins</i>	1,3 g	0,4 g
<i>Salt</i>	0,0 g	0,0 g

INGREDIENTS

Figs* 100 %
* Ingredients from organic farming.

Store in a cool place after opening and consume quickly.

Best before:

03 03 20



Vita Compote

Zone d'activité du Chaudron 00000 BON-LA-TARTINE

Tél. 00 01 02 03 04

contact@vitacompote.fr

www.vitacompote.fr



Net weight: 250 g

1 234567 890128

VERSO

In our orchards, we work every day to offer you the best quality fruits. We make good fruit purees and jams, like our grandmas used to.

AVERAGE NUTRITIONAL VALUES

	per 100 g	per 30 g
<i>Energetic value</i>	233,2 kCal 978,4 kJ	70,0 kCal 293,5 kJ
<i>Fats</i>	0,2 g	0,0 g
<i>Saturated fatty acids</i>	0,0 g	0,0 g
<i>Carbohydrates</i>	57,1 g	17,1 g
<i>Sugars</i>	55,2 g	16,5 g
<i>Dietary fibre</i>	1,3 g	0,4 g
<i>Proteins</i>	0,7 g	0,2 g
<i>Salt</i>	0,0 g	0,0 g

INGREDIENTS

Figs 64 %, cane sugar 36 %

This jam was prepared with 64 g of fruit per 100 g of finished product. Total sugar content: about 56 g per 100 g.

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