Use the following structures to make recommendations

Good manners	Bad manners	
It is recommended to It is strongly advised to You should You had better + VB If I were you, I would Don't forget to Make sure you	It is recommended not to It is advised not to You shouldn't You had better not + VB If I were you, I wouldn't Never Don't Make sure you don't	
	Avoid Stop + V-ING	

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