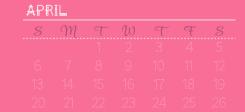
JAN	JUAR	Y					
S	m	7	W	T	Ŧ	S	

_FEBRUARY										
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JUNE									
M	T	W	T	Ŧ	S				
	2 9 16 23	2 3 9 10 16 17 23 24	2 3 4 9 10 11 16 17 18 23 24 25	2 3 4 5 9 10 11 12 16 17 18 19 23 24 25 26	2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27				

JUL	Y					
S	m	T	W	T	F	S

AUC	AUGUST										
S	m	T	W	T	F	S					

SEPTEMBER										
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#### OCTOBER

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#### DECEMBER

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#### Yearly goals:

✓ Practicing Pilates.

✓ Going back to Normandy.

Becoming a homeowner.



### JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



Week starts	s on: 6 Jan 2025	cal we	ek: 2					* * V of A V A ME
	MONDAY		UESDAY	V	VEDNESDAY		URSDAY	LANGE TO SERVICE TO SE
	Finir fiches de participa  Demander formation 2;  Secret Santa ?							
	FRIDAY	SA	ATURDAY		SUNDAY			
						Notes:	Notes:	
Wools stauts	s on: 13 Jan 2025	cal we	oolte a					\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
WCCK Starts	MONDAY		UESDAY	71	THE WHOLE AND	777.77		* * TOY ! W ! W ! W !
		1	UESDAI	V	VEDNESDAY	TH	URSDAY	
	Pilâtes Synthèses de classe		Pilâtes		Weight loss Pilates		Weight loss challenge D1	
	Pilâtes							
	Pilâtes Synthèses de classe		Pilâtes		Weight loss Pilates			
<b>Y Y O</b> O	Pilâtes Synthèses de classe  FRIDAY Participation ETLV 1ST2S	S.E.	ATURDAY		Weight loss Pilates  SUNDAY		Weight loss challenge D1	
<b>Y Y O</b> O	Pilâtes Synthèses de classe  FRIDAY Participation	S£	ATURDAY		Weight loss Pilates  SUNDAY	Notes:	Weight loss challenge D1	

FRIDAY	SATURDAY	SUNDAY			
			Notes:	Notes:	
Week starts on: 27 Jan 2025	cal week: 5				* * *
MONDAY	TUESDAY	WEDNESDAY	TH	URSDAY	
✓ Billet salle 210		_	_		
				Notes:	

			Daily Planner				
Time			Wednesday, 01 January, 2025 Thursday, 02 January, 2025	Friday, 03 January, 2025	Saturday, 04 January, 2025	Sunday, 05 January, 2025	To do list
8-9 AM							
9-10 AM							
10-11 AM							
11-12 AM							
12-13 PM							
13-14 PM							
14-15 PM							
15-16 PM							
16-17 PM							
17-18 PM							
Time	Manday 06 Tanuary 2025	Tuesday 07 January 2025	Wednesday, 08 January, 2025 Thursday, 09 January, 2025	Enidov 10 Tanuary 2025	Setunday 11 Tenuary 2025	Sunday 12 Tanuary 2025	Notes
8-9 AM	monday, oo January, 2025	ruesday, or January, 2025	Thursday, 69 January, 2025	Friday, 10 January, 2025	Saturday, 11 January, 2025	Sunday, 12 January, 2025	140163
9-10 AM							
10-11 AM							
11-12 AM							
12-13 PM							
13-14 PM							
14-15 PM							
15-16 PM							
16-17 PM							
17-18 PM							
Time	Monday 13 January 2025	Tuesday 14 January 2025	Wednesday, 15 January, 2025 Thursday, 16 January, 2025	Friday, 17 January, 2025	Saturday, 18 January, 2025	Sunday, 19 January, 2025	Reminder
8-9 AM		12234, 1104141, 2020			22.2.24, 20 04.44, 2020		- Drink water.
9-10 AM							- Do a workout.
10-11 AM							- Read a book chapter
11-12 AM							- Go for a walk.
12-13 PM							- Plan for the week ahed

						- Eat healthy.
						- Don't forget my skincare.
						- Neither my haircare.
						·
						- Enjoy your time.
						- Lust for Life.
Monday, 20 January, 2025	Tuesday, 21 January, 2025	Wednesday, 22 January, 2025 Thursday, 23 January, 2025	Friday, 24 January, 2025	Saturday, 25 January, 2025	Sunday, 26 January, 2025	Meetings
Manday 27 Tanyany 2025	Tuesday 29 Tanuary 2025	Wadnesday 20 Tanuary 2025 Thursday 20 Tanuary 2025	Faidou 21 Tanuamu 2025			Month feeling
monday, 27 January, 2025	Tuesday, 20 January, 2025	weanesday, 29 January, 2025 Inursady, 50 January, 2025	Friday, 31 January, 2025			MONTH TEELING
						****
			Monday, 20 January, 2025 Tuesday, 21 January, 2025 Wednesday, 22 January, 2025 Thursday, 23 January, 2025  Monday, 27 January, 2025 Tuesday, 28 January, 2025 Wednesday, 29 January, 2025 Thursday, 30 January, 2025			



# FEBRUARY

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22



NOTES				
Week starts on: 3 Feb 2025  MONDAY	cal week: 6 TUESDAY	WEDNESDAY	THURSDAY	
SMS proprio	SATURDAY	SUNDAY		
			Notes: Notes:	
Week starts on: 10 Feb 2025 MONDAY	cal week: 7 TUESDAY	WEDNESDAY	THURSDAY	
SMS proprio	Becquerel maman 15l			
FRIDAY	SATURDAY	SUNDAY		
			Notes: Notes:	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
Commander cartouch	e Finir de plastifier esca			
FRIDAY	SATURDAY	SUNDAY		
			Notes: Notes:	
Week starts on: 24 Feb 2025	cal week: 9			
MONDAY	MILLIOD AV	THEDAMEDAY	MILLIDODAY	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY  Fiche de paye: janvie:  Quittance de loyer à	
			Fiche de paye: janvie:  Quittance de loyer à	

				Daily Planner				
Time						Saturday, 01 February, 2025	Sunday, 02 February, 2025	To do list
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 03 February, 2025	Tuesday, 04 February, 2025	Wednesday, 05 February, 2025	Thursday, 06 February, 2025	Friday, 07 February, 2025	Saturday, 08 February, 2025	Sunday, 09 February, 2025	Notes
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 10 February, 2025	Tuesday, 11 February, 2025	Wednesday, 12 February, 2025	Thursday, 13 February, 2025	Friday, 14 February, 2025	Saturday, 15 February, 2025	Sunday, 16 February, 2025	Reminder
8-9 AM								- Drink water.
9-10 AM								- Do a workout.
10-11 AM								- Read a book chapter
11-12 AM								- Go for a walk.
12-13 PM								- Plan for the week ahed

13-14 PM								- Eat healthy.
14-15 PM								- Don't forget my skincare.
15-16 PM								- Neither my haircare.
16-17 PM								- Enjoy your time.
17-18 PM								- Lust for Life.
Time	Monday, 17 February, 2025	Tuesday, 18 February, 2025	Wednesday, 19 February, 2025	Thursday, 20 February, 2025	Friday, 21 February, 2025	Saturday, 22 February, 2025	Sunday, 23 February, 2025	Meetings
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 24 February, 2025	Tuesday, 25 February, 2025	Wednesday, 26 February, 2025	Thursday, 27 February, 2025	Friday, 28 February, 2025			Month feeling
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								***
13-14 PM								MANA
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								



## MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
1.0	19	10	10	20	21	22
16	17	18	19	20	21	22
23	24	25	26	27	28	29



Week starts	on: 3 Mar 2025	cal wee	ek: 10					
	MONDAY		JESDAY	W	EDNESDAY	THU	IRSDAY	
	Virement loyer							
	FRIDAY	SA'	TURDAY		SUNDAY			
						Notes:	Notes:	
TTTI	and Manager	cal wee	1					
week starts	on: 10 Mar 2025		EK: 11					
	MONDAY	TU	JESDAY	W	EDNESDAY	THU	IRSDAY	
	MONDAY		JESDAY		EDNESDAY	THU	RSDAY	
	FRIDAY		TURDAY		SUNDAY		RSDAY	
							Notes:	
	FRIDAY		TURDAY					
		SA	TURDAY			Notes:		

	FRIDAY	SATURDAY	SUNDAY			
				Notes:	Notes:	
Week starts	on: 24 Mar 2025	cal week: 13				•
	MONDAY	TUESDAY	WEDNESDAY	THU	RSDAY	
	FRIDAY		SUNDAY		Notes:	

				Daily Planner				
Time						Saturday, 01 March, 2025	Sunday, 02 March, 2025	To do list
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 03 March, 2025	Tuesday, 04 March, 2025	Wednesday, 05 March, 2025	Thursday, 06 March, 2025	Friday, 07 March, 2025	Saturday, 08 March, 2025	Sunday, 09 March, 2025	Notes
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 10 March, 2025	Tuesday, 11 March, 2025	Wednesday, 12 March, 2025	Thursday, 13 March, 2025	Friday, 14 March, 2025	Saturday, 15 March, 2025	Sunday, 16 March, 2025	Reminder
8-9 AM								- Drink water.
9-10 AM								- Do a workout.
10-11 AM								- Read a book chapter.
11-12 AM								- Go for a walk.
12-13 PM								- Plan for the week ahea

							- Eat healthy.
							- Don't forget my skincare.
							- Neither my haircare.
							- Enjoy your time.
							- Lust for Life.
47.44	T	W. b. d. 10 H. d. 2025	Thursday 20 Havel 2025	5 i.l., 21 March 2025	C. A	C 122 March 2025	Meetings
monday, 17 March, 2025	Tuesday, 16 March, 2025	Wednesday, 19 March, 2025	Thursday, 20 March, 2025	rriday, 21 March, 2025	Saturday, 22 March, 2025	Sunday, 25 March, 2025	Meerings
Monday, 24 March, 2025	Tuesday, 25 March, 2025	Wednesday, 26 March, 2025	Thursday, 27 March, 2025	Friday, 28 March, 2025	Saturday, 29 March, 2025		Month feeling
							****
							иимии
	Monday, 17 March, 2025  Monday, 24 March, 2025						



### APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



and the second s				
Week starts on: 7 Apr 2025	cal week: 15	WIIDAWA	MANAGE AV	· 4 * * .
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
FRIDAY	SATURDAY	SUNDAY		
			Notes: Notes:	
Week starts on: 14 Apr 2025	cal week: 16			. Še ze stata Še ze stat
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	€₽₤₽€₫₤₽₤₽₽₽₽₽₽₽₽₽
FRIDAY		SUNDAY		
		_		
FRIDAY	SATURDAY	SUNDAY  Récupérer tonton avec M  C		
FRIDAY	SATURDAY	SUNDAY  Récupérer tonton avec M  C		

FRIDAY	SATURDAY	SUNDAY			
			Notes:	Notes:	
Week starts on: 28 Apr 2025 MONDAY	cal week: 18 TUESDAY	WEDNESDAY	THU	JRSDAY	: Å: £, £; £; £; £; £; £; £;
□ □ FRIDAY	□ □ SATURDAY	□ □ SUNDAY	□		
			Notes:	Notes:	

				Daily Planner				
Time			Tuesday, 01 April, 2025	Wednesday, 02 April, 2025	Thursday, 03 April, 2025	Friday, 04 April, 2025	Saturday, 05 April, 2025	To do list
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Sunday, 06 April, 2025	Monday, 07 April, 2025	Tuesday, 08 April, 2025	Wednesday, 09 April, 2025	Thursday, 10 April, 2025	Friday, 11 April, 2025	Saturday, 12 April, 2025	Notes
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Sunday, 13 April, 2025	Monday, 14 April, 2025	Tuesday, 15 April, 2025	Wednesday, 16 April, 2025	Thursday, 17 April, 2025	Friday, 18 April, 2025	Saturday, 19 April, 2025	Reminder
8-9 AM								- Drink water.
9-10 AM								- Do a workout.
10-11 AM								- Read a book chapter.
11-12 AM								- Go for a walk.
12-13 PM								- Plan for the week ahead.

13-14 PM								- Eat healthy.
14-15 PM								- Don't forget my skincare.
15-16 PM								- Neither my haircare.
16-17 PM								- Enjoy your time.
17-18 PM								- Lust for Life.
Time	Sunday, 20 April, 2025	Monday, 21 April, 2025	Tuesday, 22 April, 2025	Wednesday, 23 April, 2025	Thursday, 24 April, 2025	Friday, 25 April, 2025	Saturday, 26 April, 2025	Meetings
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Sunday, 27 April, 2025	Monday, 28 April, 2025	Tuesday, 29 April, 2025	Wednesday, 30 April, 2025				Month feeling
8-9 AM	Sunday, 27 April, 2023	Monday, 20 April, 2023	Tuesday, 29 April, 2023	Wednesday, 30 April, 2023				Month feeling
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								***
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Week starts o	n: 5 May 2025	cal we	eek: 19					<u> </u>
	MONDAY	Т	TUESDAY	WI	EDNESDAY	THU	JRSDAY	
	FRIDAY	SA	ATURDAY	:	SUNDAY			
						Notes:	Notes:	
Week starts or	n: 12 May 2025	cal we	eek: 20					with a
	MONDAY	Т	TUESDAY	WI	EDNESDAY	THU	JRSDAY	
	MONDAY		TUESDAY		EDNESDAY	THU	JRSDAY	
	FRIDAY		ATURDAY		EDNESDAY		JRSDAY	
							Notes:	
	FRIDAY		ATURDAY					
Week starts o		S£				Notes:		

	FRIDAY	SATURDAY				
				Notes:	Notes:	
Week starts o	on: 26 May 2025	cal week: 22				
	MONDAY	TUESDAY	WEDNESDAY	тні	JRSDAY	
		10202111	WEDITEDENT	****	IKSDAI	
	FRIDAY				Notes:	

				Daily Planner				
Time				Thursday, 01 May, 2025	Friday, 02 May, 2025	Saturday, 03 May, 2025	Sunday, 04 May, 2025	To do list
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 05 May, 2025	Tuesday, 06 May, 2025	Wednesday, 07 May, 2025	Thursday, 08 May, 2025	Friday, 09 May, 2025	Saturday, 10 May, 2025	Sunday, 11 May, 2025	Notes
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 12 May, 2025	Tuesday, 13 May, 2025	Wednesday, 14 May, 2025	Thursday, 15 May, 2025	Friday, 16 May, 2025	Saturday, 17 May, 2025	Sunday, 18 May, 2025	Reminder
8-9 AM								- Drink water.
9-10 AM								- Do a workout.
10-11 AM								- Read a book chapter
11-12 AM								- Go for a walk.
12-13 PM								- Plan for the week ahed

13-14 PM								- Eat healthy.
14-15 PM								- Don't forget my skincare.
15-16 PM								- Neither my haircare.
16-17 PM								- Enjoy your time.
17-18 PM								- Lust for Life.
Time	Monday, 19 May, 2025	Tuesday, 20 May, 2025	Wednesday, 21 May, 2025	Thursday, 22 May, 2025	Friday, 23 May, 2025	Saturday, 24 May, 2025	Sunday, 25 May, 2025	Meetings
8-9 AM		, , , , , , , , , , , , , , , , , , , ,	,					
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 26 May, 2025	Tuesday, 27 May, 2025	Wednesday, 28 May, 2025	Thursday, 29 May, 2025	Friday, 30 May, 2025	Saturday, 31 May, 2025		Month feeling
8-9 AM	monday, 20 may, 2025	Tuesday, 27 May, 2025	Wednesday, 20 May, 2025	Thursday, 29 May, 2025	Friday, 30 May, 2025	Saturday, 31 May, 2023		Month Teeling
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								***
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



Week starts on: 2 Jun 2025	cal week: 23			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
FRIDAY	SATURDAY	SUNDAY		
			Notes: Notes:	
Week starts on: 9 Jun 2025	cal week: 24			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
FRIDAY	SATURDAY	SUNDAY		
Rendre tout à l'admin			Notes: Notes:	
Week starts on: 16 Jun 2025	cal week: 25			and the second s
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	

FRIDAY	SATURDAY	SUNDAY	Notes: Notes:	
Week starts on: 23 Jun 2025	Cal week: 26			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
			<u> </u>	
			✓	
FRIDAY				

				Daily Planner				
Time							Sunday, 01 June, 2025	To do list
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 02 June, 2025	Tuesday, 03 June, 2025	Wednesday, 04 June, 2025	Thursday, 05 June, 2025	Friday, 06 June, 2025	Saturday, 07 June, 2025	Sunday, 08 June, 2025	Notes
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 09 June, 2025	Tuesday, 10 June, 2025	Wednesday, 11 June, 2025	Thursday, 12 June, 2025	Friday, 13 June, 2025	Saturday, 14 June, 2025	Sunday, 15 June, 2025	Reminder
8-9 AM								- Drink water.
9-10 AM								- Do a workout.
10-11 AM								- Read a book chapter.
11-12 AM								- Go for a walk.
12-13 PM								- Plan for the week ahead

13-14 PM								- Eat healthy.
14-15 PM								- Don't forget my skincare.
15-16 PM								- Neither my haircare.
16-17 PM								- Enjoy your time.
17-18 PM								- Lust for Life.
Time	Monday, 16 June, 2025	Tuesday, 17 June, 2025	Wednesday, 18 June, 2025	Thursday, 19 June, 2025	Friday, 20 June, 2025	Saturday, 21 June, 2025	Sunday, 22 June, 2025	Meetings
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 23 June, 2025	Tuesday, 24 June, 2025	Wednesday, 25 June, 2025	Thursday, 26 June, 2025	Friday, 27 June, 2025	Saturday, 28 June, 2025	Sunday, 29 June, 2025	Month feeling
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								***
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time.	Manday 20 Tuna 2005							Bonus
Time	Monday, 30 June, 2025							Donus

8-9 AM				
9-10 AM				
10-11 AM				
11-12 AM				
12-13 PM				( ~ ~ )
13-14 PM				
14-15 PM				ط ا
15-16 PM				
16-17 PM				
17-18 PM				



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



MONDAY								
Fast finishers	Week star							
Revoir sequences  MAJ Digipad netiboar  FRIDAY  SATURDAY  SUNDAY  Notes:  Revoir sequences  Notes:  Notes:  Notes:  Notes:  Revoir sequences  Notes:  Notes:				TUESDAY		DNESDAY		URSDAY
MAJ Digipad-netboar								
FRIDAY SATURDAY SUNDAY								
	_	Till Dagiput Tillouit						
FRIDAY   SATURDAY   SUNDAY   Notes:								
							$\checkmark$	
		FRÍDAY		ATURDAY		SUNDAY	Makan	Notes
							Notes:	Notes:
Week starts on: 14 Jul 2025   cal week: 29								
MONDAY								
MONDAY	Week star	s on: 14 Jul 2025	cal w	reek: 29				
		MONDAY		TUESDAY	1171	DATECDAY		
					WE	DNESDAY	TH	URSDAY
						DNESDAY		URSDAY
						DNESDAY		URSDAY
						DNESDAY		URSDAY
						DNESDAY		URSDAY
						DNESDAY		URSDAY
		FRIDAY						URSDAY
		FRIDAY	 		 			
Week starts on: 21 Jul 2025 cal week: 30		FRIDAY			 			
Week starts on: 21 Jul 2025 cal week: 30		FRIDAY			 			
		FRIDAY			 			
		FRIDAY						
MONDAY THESDAY WEDNESDAY TUIDCDAY				ATURDAY				
			s	ATURDAY			Notes:	Notes:

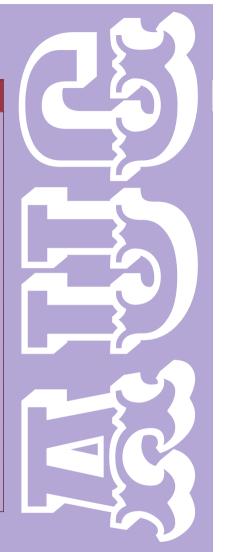
FRIDAY	SATURDAY	SUNDAY			
			Notes:	Notes:	
Week starts on: 28 Jul 2025	cal week: 31				
MONDAY	TUESDAY	WEDNESDAY	THE	DCDAY	A A
	10202111	WEDINESDAI	Inu	RSDAY	7.1
				RSDAY	
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				Daily Planner				
Time		Tuesday, 01 July, 2025	Wednesday, 02 July, 2025	Thursday, 03 July, 2025	Friday, 04 July, 2025	Saturday, 05 July, 2025	Sunday, 06 July, 2025	To do list
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 07 July, 2025	Tuesday, 08 July, 2025	Wednesday, 09 July, 2025	Thursday, 10 July, 2025	Friday, 11 July, 2025	Saturday, 12 July, 2025	Sunday, 13 July, 2025	Notes
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
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13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 14 July, 2025	Tuesday, 15 July, 2025	Wednesday, 16 July, 2025	Thursday, 17 July, 2025	Friday, 18 July, 2025	Saturday, 19 July, 2025	Sunday, 20 July, 2025	Reminder
8-9 AM								- Drink water.
9-10 AM								- Do a workout.
10-11 AM								- Read a book chapter.
11-12 AM								- Go for a walk.
12-13 PM								- Plan for the week ahead.

13-14 PM								- Eat healthy.
14-15 PM								- Don't forget my skincare.
15-16 PM								- Neither my haircare.
16-17 PM								- Enjoy your time.
17-18 PM								- Lust for Life.
Time	Monday, 21 July, 2025	Tuesday, 22 July, 2025	Wednesday, 23 July, 2025	Thursday, 24 July, 2025	Friday, 25 July, 2025	Saturday, 26 July, 2025	Sunday, 27 July, 2025	Meetings
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 28 July, 2025	Tuesday, 29 July, 2025	Wednesday, 30 July, 2025	Thursday, 31 July, 2025				Month feeling
8-9 AM								
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13-14 PM								
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15-16 PM								
16-17 PM								
17-18 PM								



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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17	18	19	20	21	22	23
24	25	26	27	28	29	30



Week starts or	n: 4 Aug 2025	cal wee	ek: 32					Why are when we will
	MONDAY	TU	JESDAY	WE	DNESDAY	TH	URSDAY	
	FRIDAY		TURDAY		UNDAY			
						Notes:	Notes:	
	n: 11 Aug 2025 MONDAY	cal wee	ek: 33 JESDAY	<b>1</b> 87E	DNESDAY	ти	URSDAY	
	FRIDAY	SA'	TURDAY	S	UNDAY			
						Notes:	Notes:	
	n: 18 Aug 2025		ek: 34					W W
Week starts o	n: 18 Aug 2025 MONDAY	cal wee	ek: 34 JESDAY	WE	DNESDAY	тн	URSDAY	

	FRIDAY	SATURDAY	SUNDAY	Notes:	Notes:	
Wook stants	on: 25 Aug 2025	cal week: 35				
WCCK Starts	MONDAY	TUESDAY	WEDNESDAY	THU	RSDAY	
		П				
	FRIDAY			□ ☑ □	Notes:	

				Daily Planner				
Time					Friday, 01 August, 2025	Saturday, 02 August, 2025	Sunday, 03 August, 2025	To do list
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 04 August, 2025	Tuesday, 05 August, 2025	Wednesday, 06 August, 2025	Thursday, 07 August, 2025	Friday, 08 August, 2025	Saturday, 09 August, 2025	Sunday, 10 August, 2025	Notes
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 11 August, 2025	Tuesday, 12 August, 2025	Wednesday, 13 August, 2025	Thursday, 14 August, 2025	Friday, 15 August, 2025	Saturday, 16 August, 2025	Sunday, 17 August, 2025	Reminder
8-9 AM								- Drink water.
9-10 AM								- Do a workout.
10-11 AM								- Read a book chapter
11-12 AM								- Go for a walk.
12-13 PM								- Plan for the week ahed

13-14 PM								- Eat healthy.
14-15 PM								- Don't forget my skincare.
15-16 PM								- Neither my haircare.
16-17 PM								- Enjoy your time.
17-18 PM								- Lust for Life.
Time	Monday, 18 August, 2025	Tuesday, 19 August, 2025	Wednesday, 20 August, 2025	Thursday, 21 August, 2025	Friday, 22 August, 2025	Saturday, 23 August, 2025	Sunday, 24 August, 2025	Meetings
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
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13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 25 August, 2025	Tuesday, 26 August, 2025	Wednesday, 27 August, 2025	Thursday, 28 August, 2025	Friday, 29 August, 2025	Saturday, 30 August, 2025	Sunday, 31 August, 2025	Month feeling
8-9 AM								
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13-14 PM								
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15-16 PM								
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



Week starts	on: 1 Sep 2025	cal we	ek: 36					
	MONDAY	Т	UESDAY	W	EDNESDAY	THU	IRSDAY	
	FRIDAY	SA	ATURDAY		SUNDAY			
						Notes:	Notes:	
Week starts	on: 8 Sep 2025	cal we	ek: 37					
	and a section of the							
	MONDAY			W	EDNESDAY	THU	IRSDAY	
	MONDAY		UESDAY		EDNESDAY		IRSDAY	
	MONDAY				EDNESDAY		IRSDAY	
			UESDAY				Notes:	
	FRIDAY	SA	ATURDAY					
		SA	UESDAY			Notes:		

FRID	DAY	SATURDAY	SUNDAY			
				Notes:	Notes:	
Week starts on: 22 S	Sep 2025 c	al week: 39				
MONI	DAY	TUESDAY	WEDNESDAY	THI	IRSDAY	
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		SATURDAY				

				Daily Planner				
Time	Monday, September 01, 2025	Tuesday, 02 September, 2025	Wednesday, 03 September, 2025	Thursday, 04 September, 2025	Friday, 05 September, 2025	Saturday, 06 September, 2025	Sunday, 07 September, 2025	To do list
8-9 AM								
9-10 AM								
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13-14 PM								
14-15 PM								
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Time 8-9 AM	Monday, 08 September, 2025	Tuesday, 09 September, 2025	Wednesday, 10 September, 2025	Thursday, 11 September, 2025	Friday, 12 September, 2025	Saturday, 13 September, 2025	Sunday, 14 September, 2025	Notes
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 15 September, 2025	Tuesday, 16 September, 2025	Wednesday, 17 September, 2025	Thursday, 18 September, 2025	Friday, 19 September, 2025	Saturday, 20 September, 2025	Sunday, 21 September, 2025	Reminder
8-9 AM								- Drink water
9-10 AM								- Do a workou
10-11 AM								- Read a book cho
11-12 AM								- Go for a wa
12-13 PM								- Plan for the week
13-14 PM								

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14-15 PM							- Don't forget my skincare.
15-16 PM							- Neither my haircare.
16-17 PM							- Enjoy your time.
17-18 PM							- Lust for Life.
Time	Monday, 22 September, 2025 Tuesday, 23 September, 2025	Wednesday, 24 September, 2025	Thursday, 25 September, 2025	Friday, 26 September, 2025	Saturday, 27 September, 2025	Sunday, 28 September, 2025	Meetings
8-9 AM							
9-10 AM							
10-11 AM							
11-12 AM							
12-13 PM							
13-14 PM							
14-15 PM							
15-16 PM							
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Time	Monday, 29 September, 2025 Tuesday, 30 September, 2025						Month feeling
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17-18 PM							



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



Week starts	on: 6 Oct 2025	cal w	eek: 41					d
	MONDAY		TUESDAY	w	EDNESDAY	THU	JRSDAY	· NAME OF THE PARTY OF THE PART
	FRIDAY	S.	ATURDAY		SUNDAY			
						Notes:	Notes:	TO TO
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week starts	on: 13 Oct 2025 MONDAY		eek: 42 TUESDAY	***	EDNESDAY	mrrr	JRSDAY	) Director
	MONDAY							
	FRIDAY		ATURDAY		SUNDAY			
						Notes:	Notes:	
Week starts	on: 20 Oct 2025		reek: 43					1
	MONDAY		TUESDAY		EDNESDAY		JRSDAY	The E
					1			i

FRIDAY	SATURDAY	□ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □			* W
			Notes:	Notes:	
Week starts on: 27 Oct 2025	cal week: 44				L.
MONDAY	TUESDAY	WEDNESDAY	THURS	DAY	* * * * * * * * * * * * * * * * * * *
MONDAY	TUESDAY	WEDNESDAY	THURS	DAY	
MONDAY	_	WEDNESDAY		DAY	
MONDAY	_	WEDNESDAY   SUNDAY		DAY	* 62

				Daily Planner				
Time			Wednesday, 01 October, 2025	Thursday, 02 October, 2025	Friday, 03 October, 2025	Saturday, 04 October, 2025	Sunday, 05 October, 2025	To do list
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
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Time 8-9 AM	Monday, 06 October, 2025	Tuesday, 07 October, 2025	Wednesday, 08 October, 2025	Thursday, 09 October, 2025	Friday, 10 October, 2025	Saturday, 11 October, 2025	Sunday, 12 October, 2025	Notes
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 13 October, 2025	Tuesday, 14 October, 2025	Wednesday, 15 October, 2025	Thursday, 16 October, 2025	Friday, 17 October, 2025	Saturday, 18 October, 2025	Sunday, 19 October, 2025	Reminder
8-9 AM								- Drink water.
9-10 AM								- Do a workout.
10-11 AM								- Read a book chapter.
11-12 AM								- Go for a walk.
12-13 PM								- Plan for the week ahead.
13-14 PM								- Eat healthy.

14-15 PM								- Don't forget my skincare.
15-16 PM								- Neither my haircare.
16-17 PM								- Enjoy your time.
17-18 PM								- Lust for Life.
Time	Monday, 20 October, 2025	Tuesday, 21 October, 2025	Wednesday, 22 October, 2025	Thursday, 23 October, 2025	Friday, 24 October, 2025	Saturday, 25 October, 2025	Sunday, 26 October, 2025	Meetings
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
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Time	Manday 27 Oatshan 2025	Tuesday 29 Ostober 2025	Wednesday, 29 October, 2025	Thursday, 30 October, 2025	Friday, 31 October, 2025			Month feeling
8-9 AM	Monday, 27 October, 2025	Tuesday, 26 October, 2025	Wednesday, 29 October, 2025	Thursday, 30 October, 2025	Friday, 31 October, 2025			Month Teeling
0-9 AM								
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13-14 PM								AAAAA
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17-18 PM								



## NOVEMBER

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23	24	25	26	27	28	29



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Week starts on: 3 Nov 2025	cal week: 45			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
FRIDAY	SATURDAY	SUNDAY		
			Notes: Notes:	0 0
Week starts on an New seas				
	00 TYYOOTT 46			
Week starts on: 10 Nov 2025  MONDAY	cal week: 46 TUESDAY	WEDNESDAY	THURSDAY	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
		WEDNESDAY	THURSDAY	
MONDAY	TUESDAY			
MONDAY	TUESDAY			
MONDAY	TUESDAY			
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MONDAY	TUESDAY	SUNDAY		
MONDAY	TUESDAY	SUNDAY		
MONDAY	TUESDAY	SUNDAY		
MONDAY	SATURDAY  Cal week: 47	SUNDAY	Notes: Notes:	
MONDAY	TUESDAY	SUNDAY		

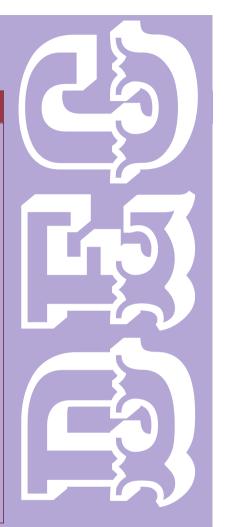
FRIDAY	SATURDAY	SUNDAY		
			Notes: N	lotes:
Week starts on: 24 Nov 2025	cal week: 48			- de eb.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	ALL DE STATE OF THE STATE OF TH
FRIDAY	SATURDAY	SUNDAY		lotes:

				Daily Planner				
Time						Saturday, 01 November, 2025	Sunday, 02 November, 2025	To do list
8-9 AM								
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10-11 AM								
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Time 8-9 AM	monday, US November, 2025	luesday, U4 November, 2025	Wednesday, 05 November, 2025	i nursaay, U6 November, 2025	rriday, U/ November, 2025	Saturday, US November, 2025	Sunday, 09 November, 2025	Notes
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
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14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 10 November, 2025	Tuesday, 11 November, 2025	Wednesday, 12 November, 2025	Thursday, 13 November, 2025	Friday, 14 November, 2025	Saturday, 15 November, 2025	Sunday, 16 November, 2025	Reminder
8-9 AM								- Drink water.
9-10 AM								- Do a workout.
10-11 AM								- Read a book chapter.
11-12 AM								- Go for a walk.
12-13 PM								- Plan for the week ahea
13-14 PM								- Eat healthy.

14-15 PM								- Don't forget my skincare.
15-16 PM								- Neither my haircare.
16-17 PM								- Enjoy your time.
17-18 PM								- Lust for Life.
Time	Monday, 17 November, 2025	Tuesday, 18 November, 2025	Wednesday, 19 November, 2025	Thursday, 20 November, 2025	Friday, 21 November, 2025	Saturday, 22 November, 2025	Sunday, 23 November, 2025	Meetings
8-9 AM								
9-10 AM								
10-11 AM								
11-12 AM								
12-13 PM								
13-14 PM								
14-15 PM								
15-16 PM								
16-17 PM								
17-18 PM								
Time	Monday, 24 November, 2025	Tuesday, 25 November, 2025	Wednesday, 26 November, 2025	Thursday, 27 November, 2025	Friday, 28 November, 2025	Saturday, 29 November, 2025	Sunday, 30 November, 2025	Month feeling
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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21	22	23	24	25	26	27
21	22	23	24	23	20	21
28	29	30	31			



Week starts o	on: 1 Dec 2025	cal we	eek: 49						
	MONDAY		CUESDAY	WE	DNESDAY	THI	URSDAY	<u> </u>	<b>A</b>
	FRIDAY	SA	ATURDAY	5	SUNDAY				0
						Notes:	Notes:		ana ana
Week starts	an a Danasan								
	on: 8 Dec 2025		eek: 50 TIESDAY	WF	DNESDAY	тні	TRSDAY		
	MONDAY		CUESDAY	WE	DNESDAY	THI	URSDAY		
					DNESDAY		URSDAY		
	MONDAY		UESDAY				Notes:		
	FRIDAY	SA	ATURDAY						
Week starts o	MONDAY	SA	UESDAY			Notes:			

	FRIDAY	SATURDAY			
				Notes: Notes:	
Week starts	on: 22 Dec 2025	cal week: 52			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	A
	MONDAY			THURSDAY	
	FRIDAY	TUESDAY	WEDNESDAY		

Daily Planner										
Time	Monday, December 01, 2025	Tuesday, 02 December, 2025	Wednesday, 03 December, 2025	Thursday, 04 December, 2025	Friday, 05 December, 2025	Saturday, 06 December, 2025	Sunday, 07 December, 2025	To do list		
8-9 AM										
9-10 AM										
10-11 AM										
11-12 AM										
12-13 PM										
13-14 PM										
14-15 PM										
15-16 PM										
16-17 PM										
17-18 PM										
Time	Monday, 08 December, 2025	Tuesday, 09 December, 2025	Wednesday, 10 December, 2025	Thursday, 11 December, 2025	Friday, 12 December, 2025	Saturday, 13 December, 2025	Sunday, 14 December, 2025	Notes		
8-9 AM										
9-10 AM										
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13-14 PM										
14-15 PM										
15-16 PM										
16-17 PM										
17-18 PM										
Time	Monday 15 December 2025	Tuesday 16 December 2025	Wednesday, 17 December, 2025	Thursday 18 December 2025	Friday 19 December 2025	Saturday 20 December 2025	Sunday, 21 December, 2025	Reminder		
8-9 AM	Monday, 10 December, 2020	. acoday, 10 December, 2025	Transaction, 17 December, 2025		day, 12 December, 2023	caraiday, 20 December, 2020	Sanday, Li Seceniper, 2023	- Drink water,		
9-10 AM								- Do a workout,		
10-11 AM								- Read a book chapt		
11-12 AM								- Go for a walk.		
12-13 PM								- Plan for the week a		
13-14 PM										

14-15 PM							- Don't forget my skincare.
15-16 PM							- Neither my haircare,
16-17 PM							- Enjoy your time.
17-18 PM							- Lust for Life.
Time	Monday, 22 December, 2025 Tuesday, 23 December, 2025	Wednesday, 24 December, 2025	Thursday, 25 December, 2025	Friday, 26 December, 2025	Saturday, 27 December, 2025	Sunday, 28 December, 2025	Meetings
8-9 AM							
9-10 AM							
10-11 AM							
11-12 AM							
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13-14 PM							
14-15 PM							
15-16 PM							
16-17 PM							
17-18 PM							
Time	Monday, 29 December, 2025 Tuesday, 30 December, 2025	Wednesday, 31 December, 2025	Thursday, 01 January, 2026	Friday, 02 January, 2026	Saturday, 03 January, 2026	Sunday, 04 January, 2026	Month feeling
8-9 AM							
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13-14 PM							WWWWW
14-15 PM							
15-16 PM							
10-10 i M							1
16-17 PM							

Me	Emergency numbers	Useful numbers	Confidential	Establishment information 1 E	stablishment information 2	Holidays		Timetable	Back to school timel			Homeroom Teacher			
							Notes								