**Conversation questions**

1. Do you agree that an apple a day keeps the doctor away? How is diet connected to health?
2. How often do you eat fresh food? What is your favourite fresh food?
3. What is your go-to snack when you feel peckish?
4. In your opinion, what are some ways to trim your waistline?
5. Can you name some exotic products?
6. According to BBC Learning English, in which ways are apples good for your health?
7. In your opinion, which food is the most versatile? Why?
8. What are your favourite ways to consume apples?
9. What can people do to stay in good shape?