

#### White belt: the essentials



Base verbale	Preterit	Participe passé	
be	was / were	been	être
do	did	done	faire
get	got	got	recevoir
go	went	gone	aller
have	had	had	avoir
make	made	made	faire (fabriquer)

Practice:









Yellow belt: they don't change!



Base verbale	Preterit	Participe passé	
bet	bet	bet	parier
burst	burst	burst	éclater
cost	cost	cost	coûter
cut	cut	cut	couper
hurt	hurt	hurt	(se) blesser
hit	hit	hit	frapper
let	let	let	laisser
put	put	put	mettre
quit	quit	quit	quitter
read	read	read	lire
set	set	set	mettre en place
shut	shut	shut	fermer
split	split	split	diviser
spread	spread	spread	étaler

Practice:







### Orange belt: the "T" ones

Base verbale	Preterit	Participe passé	
bend	bent	bent	(se) pencher
build	built	built	construire
burn	burnt	burnt	brûler
learn	learnt	learnt	apprendre
lend	lent	lent	prêter
lose	lost	lost	perdre
send	sent	sent	envoyer
sit	sat	sat	être assis/s'asseoir
spend	spent	spent	Dépenser/passer du temps
Practice :			ПХХСП

Fractice









Green belt: the "GHT" verbs

Base verbale	Preterit	Participe passé	
bring	br <b>ou</b> ght	br <b>ou</b> ght	amener / apporter
buy	b <b>ou</b> ght	b <b>ou</b> ght	acheter
catch	c <b>au</b> ght	c <b>au</b> ght	attraper
fight	f <b>ou</b> ght	f <b>ou</b> ght	(se) battre
teach	taught	taught	enseigner
think	th <b>ou</b> ght	th <b>ou</b> ght	penser

Practice:









Blue belt: the doubles

Base verbale	Preterit	Participe passé	
find	found	found	trouver
hear	heard	heard	entendre
hold	held	held	tenir

étendre / poser	laid	laid	lay
payer	paid	paid	pay
dire	said	said	say
vendre	sold	sold	sell
se tenir debout	stood	stood	stand
raconter	told	told	tell
comprendre	understood	understood	understand
gagner	won	won	win

Practice :









Brown belt: The /i:/ sounds become /e/



	Participe passé	Preterit	Base verbale
saigner	bled	bled	bleed
nourrir	fed	fed	feed
mener / guider	led	led	lead
rêver	dreamt	dreamt	dream
partir / quitter	left	left	leave
Signifier / vouloir dire	meant	meant	mean
rencontrer	met	met	meet
dormir	slept	slept	sleep
sentir / ressentir	felt	felt	feel
garder	kept	kept	keep

Practice :









Black belt : the « -EN » verbs



Base verbale	Preterit	Participe passé	
bite	bit	bi <b>tt</b> en	mordre
beat	beat	beaten	battre

break	broke	broken	casser
choose	chose	chosen	choisir
drive	drove	driven	conduire
eat	ate	eaten	manger
fall	fell	fallen	tomber
give	gave	given	donner
hide	hid	hi <b>dd</b> en	(se) cacher
ride	rode	ri <b>dd</b> en	conduire / monter à dos de
see	saw	seen	voir
speak	spoke	spoken	parler
steal	stole	stolen	dérober
take	took	taken	prendre
wake	woke	woken	(se) réveiller
write	wrote	wri <b>tt</b> en	écrire

Practice:











Bronze belt : The « I-A-U » + « Come »



Base verbale	Preterit	Participe passé	
begin	began	begun	commencer
drink	drank	drunk	boire
ring	rang	rung	sonner
r <b>u</b> n	ran	run	courir
sink	sank	sunk	couler
sing	sang	sung	chanter
swim	swam	swum	nager
become	became	become	devenir
come	came	come	venir
overcome	overcame	overcome	surmonter

# + White and yellow belts

Practice:











Silver belt: the « EAR / ORE / ORN » ones



Base verbale	Preterit	Participe passé	
bear	bore	born	supporter
wear	wore	worn	porter (habits)
swear	swore	sworn	jurer
tear	tore	torn	déchirer

## + orange, green and blue belts

Practice:











Golden belt: the « EW / OWN »



Base verbale	Preterit	Participe passé	
blow	blew	blown	souffler
draw	drew	drawn	dessiner
fly	flew	flown	voler
know	knew	known	savoir
grow	grew	grown	grandir
throw	threw	thrown	jeter

### + brown and black belts

Practice:













Champion's cup : all the verbs !!