



Emotional Intelligence Rules

OOU Vlado Tasevski School

TECHNICAL DESIGN BY VIOLETA PANEV



Treat others with respect.



SRNA: Be Respectful to everyone !
MILA: Be nice to others, show respect !

STEFAN: Respect other people's time !



**BE NICE,
NOT MEAN**

KAJA: Learn to Forgive and forget!
SRNA: Be nice and don't be mean to anyone !

DANIEL: Control your negative reactions and be aware of your feelings !
PETAR: Consider your own feeling impact on others!



MARKO: Listen carefully to each other !
SRNA: We need to help each other!



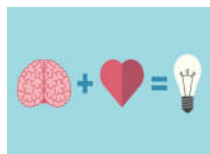
MILA:
Don't be Late ! No side chatter!
Respect when others are talking and switch off the cell phones !

EVA: Operate on trust, meaning build trust through verbal and nonverbal cues and communicate honestly !



JOANA: Empathy in the classroom is equally important to each student! Consider other people's feelings!
KATERINA: Never underestimate, never discourage, on the contrary, always lend a hand for support!

MILA: Be honest ! Be as good as you can ! Be critical!



DANIEL: Focus on the good in others, and tell them what you appreciate! You inspire others to be the best version of themselves ☺

ELENA: Be positive! Respect others opinion! Be tolerant, patient and calm! Try to see the best in people and situation!



EVA: Recognize, identify and clear up any misunderstandings !

ANJA: Stop judging other people!



BISERA: If you get the question wrong and fear, do not panic and cry! Stay calm and face the problem !

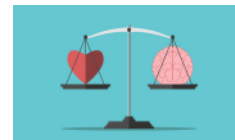
SRNA: Ask for help when you are not feeling well!

ANJA: Pay attention to body language !



MILA: Be helpful and responsible!

SRNA: Be responsible!



DANIEL: Interact well with others and try to understand other people's emotions!

ANJA:
Always give!



SRNA:
Be Kind and Helpful !

SRNA: Learn from your mistakes!

ILIJANA: Practise empathy for others!



INAPPROPRIATE



STEFAN: Don't post inappropriate words and photos!

DANIEL: Listen to others very carefully! don't focus on right or wrong; rather, work to understand how perceptions differ.



Emotions drive people.
People drive performance.



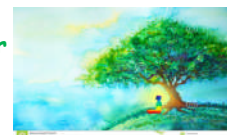
BORJAN: Understand the feelings of the other, give hugs and wipe the tears!



ANJA: Try to understand before trying to be understood!



DANIEL: Say: I am Sorry! Acknowledge your mistakes and apologize when appropriate !
KAJA: Apologize!



EMILIJAN: Remember that Sadness ☹ is as much part of the life as happiness is ☺ ! Your words have power, use them wisely!



SRNA: Respect the differences between people! Work in group not alone !