

CLIL Physical Education

Obstacle race

Aim :

- ✓ Create an obstacle race. Give instructions for other pupils or **PENPALS (eTwinning)**
- ✓ Understand instructions.
- ✓ Make and practice an obstacle race.

Langue(s) de travail	Anglais
Durée	Plusieurs séances de travail : <ul style="list-style-type: none">- 45 min de construction du parcours avec les actions + vocabulaire.- 20 min : Mise en plan, mots et en voix des actions des parcours par les élèves.- 20 min : enregistrer les phrases.- 45 min : Écouter et comprendre les enregistrements des camarades et recréer les parcours. Valider avec les plans.- Chaque enfant pendant le parcours doit donner les actions à faire à son prédécesseur.

Materials:

- Many many hoops, pole, big cones, small cones, ball, "big nose", chairs ... They need many materials to experiment...
- Smartphone to record or tablet , A3 papers, eTwinning platform
- Music speaker system

Phonology :

Throw, **th**rough, **H**oop,

STEP 1:

Materials:

- hoops, pole, big cones, small cones, ball, "big nose", chairs...

IN THE CLASSROOM 3MIN :

Remind the vocabulary of actions: Jump, Throw, Walk, Skip...
and the materials: hoop, pole, cones...

IN THE PLAYGROUND 35 MIN

Share the pupils in groups of 6 or 8 pupils.

They have a mission: to create an obstacle race for penpals and to create actions to do it.
They choose a speaker who will have the mission to explain the actions to the classmates.

10 MIN: the groups create their **obstacle race**.

10 MIN: Each group explain to the others what to do on the **obstacle race**.

The teacher use the actions and the pupils repeat doing it.

10 MIN: each pupil practice an **obstacle race** or another. The pupils repeat the actions to do.

STEP 2

Materials:

- PE materials
- A3 paper, markers, pencils, ruler, exercise sheet.

IN THE PLAYGROUND WITH SOME MATERIALS TO REMIND 5 MIN:

Remind and mime the actions we used/created last time.

- ☐ Throw the ball in the hoop
- ☐ Walk in and out of the cones
- ☐ Jump over the pole
- ☐ Skip with the rope in the hoop
- ☐ Go around the pole
- ☐ Skip with the rope around the hoop
- ☐ Touch the pole
- ☐ Go under the obstacle
- ☐ Run
- ☐ Jump around the pole
- ☐ Throw the ball in the basket
- ☐ Put the « Big Nose » between your knees
- ☐ Jump in the hoop with the « Big Nose »
- ☐ Jump in the hoop

IN THE CLASSROOM 15 MIN:

Pair work (or group work)

Materials:

- Exercise worksheet.
- A3 paper, markers, pencils, ruler

➤ Exercise: one sheet/ pupil.

They link the action and the picture.

➤ Each pair creates its own **Obstacle Race** and draw its map.

➤ **Each pair can tell the instructions.**

STEP 3:

Materials:

- Device to record

Each group records the instructions.

STEP 4 :

Materials:

- Many many hoops, pole, big cones, small cones, ball, "big nose", chairs ...
- Audio speaker

- The teacher takes at random (pick out) one voice recorded.
- The pupils listen to it several times if necessary.
- One group has to set up / install the materials in order to be able to Recreate the **Obstacle race**.

- One pupil experiment the **Obstacle race** to confirm/ to validate it's OK.
- The pupils (or only one pupil) say the action when the athlete is doing it.
- The classmates run and the Teacher time the race.

- The group has to match the map and the **obstacle race** they have set up.

STEP 4 can be done several times to set up every **Obstacle race** of the class.

EVALUATION:

Pupil can describe the obstacle race. Give orders of action. Know the materials.